ARIZONA

DANCE.

E★

statewide listing of performances master classes | auditions | jobs tips | news | social dancing JANUARY 2017

25th Anniversary
Desert Dance Theatre's
Sister Moses
Chandler CFA

JESSICA LANG DANCE
DEL E WEBB CPA
WICKENBURG

LES BALLET
TROCKADERO
DE MONTE CARLO
SCOTTSDALE CPA

2017
Dance in AZ
Bring it!

TAIMY MIRANDA & JOAN RODRIGUEZ CONDER/DANCE | BREAKING GROUND PHOTO BY BELLEBOCHE

Arizona Dance e-Star

a publication of the Arizona Dance Coalition

Volume 7, Issue 1 January 2017

Table of Contents

Calendar of Events	3-11
Master Classes/Workshops	12-13
AZ YAC	14
Mbr Announcements/Auditions	.15-20
NEA - New Guide	.20-22
Photo of the Month	23
Debbie Reynolds Remembered	24
guiDANCE Mentorship Program	25
Regional News	.26-27
Regional Dance America Festival	28
Social Dance	.29-31
BIZ Talk / JOBS	32
Salt Therapy	33-36
Auditions	37
Dance at the Cinema	.37-38
Why I dance (video link)	39
ADC Member Benefits	39
Productivity TIP	40
SUBSCRIBE to Arizona Dance e-Star	40
JOIN the Arizona Dance Coalition	40
Arizona Dance Coalition SPONSORS	40

Dear readers,

Welcome 2017! We are ready for you! The Arizona Dance Coalition will be holding their Annual Member Meeting on Sunday, January 22, 1-4 pm, at the Mesa Arts Center. We thank MAC for donating the space so we can gather with members and meet others from the statewide dance community who are interested in dance arts in Arizona. Guest speakers include Phoenix arts writer Lynn Trimble advising us on media strategies, Gabriela Munoz from the AZ Commission on the Arts, and myself. I'll lead you through the ADC website and talk about the resources ADC has to offer you. We are developing a Teachers and Performers online Roster as a resource for schools and Event Producers. ADC continues to think of ways to raise the visibility of our thriving dance communities. We are rich in talent and experience in many dance and cultural styles. Its a difficult process to communicate it to others since we are all so busy. Let's look forward to the 22nd to listen, share, and celebrate our successes and discuss the future. Refreshments and healthy snacks will be provided. RSVP Lisa@AzDanceCoalition.org /602-740-9616. Bring your promotional materials to share.

My "tip" turned into a research article on Salt Therapy. I have two Himalayan salt lamps, bathe with Epsom salt (it's not really salt), and am curious about the floatation tanks and salt "rooms." AZ has quite a few locations throughout the state offering Salt Therapies (pgs 33-36).

Congrats to Desert Dance Theatre on its 25th anniversary of producing Sister Moses (pg 3)! Del E Webb CPA has graciously offered ADC members 20 seats to the upcoming Jessica Lang Dance The Wanderer performance. Let me know if you are interested (pg 4) - Krystyna@AzDanceCoalition.org. Thank you Del E Webb! Breaking Ground at the Tempe CFA is Carley Conder's annual major production (pg 5) and many AZ dancers, past and present, will be performing.

I've included a page on Debbie Reynolds, sharing links to clips and photos. Love the Johnny Carson clip! How tragic to have her daughter, Carrie Fisher, die before her. She's reunited with her now. We've lost so many artists in 2016. Looking forward to dancing in the New Year and embracing projects that will benefit our dance communities.

enJOY! Krystyna Parafinczuk, Editor

The Arizona Dance Coalition is a membership-based, statewide 501(c)(3) nonprofit dance organization creating connections and communication between the general public and the dance community. ADC membership is available to individuals and organizations interested in the art of dance. You may join online at AzDanceCoalition.org. All questions about membership and sponsorship can be sent to Lisa@AzDanceCoalition.org. Calendar of Events are posted online by ADC members. Article submissions, news, letters to the editor and advertising sales can be sent to Krystyna@AzDanceCoalition.org. Additional ADC contact information is on the last page.

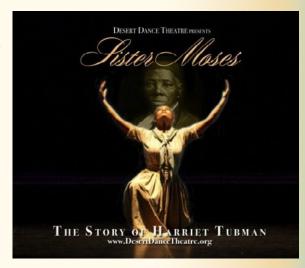
Past e-Star publications are available at azdancecoalition.org/newsletters/.



Event listings are posted by ADC members on the ADC website. Events are restricted to 501(c)(3) organizations with the exception of charitable and free events, educational workshops and master classes. All submissions are monitored. Content may be edited. Non-member news and events are

listed in the Regional Section. Send news to: Krystyna@AzDanceCoalition.org. AzDanceCoalition.org

January 15, Sunday, 7 pm. Chandler Center for the Arts, 250 N Arizona Ave, Chandler. In celebration of Dr. Martin Luther King, Jr. Holiday, Desert Dance Theatre (DDT) presents "The 25th Anniversary of Sister Moses: The Story of Harriet Tubman." DDT repertory opens, including "Marco's Swing," choreographed by Lisa R. Chow with original music by Step Raptis; two dances as a tribute to Billie Holiday's "Strange Fruit" performed by Renee Davis, and "Spreadin' Rhythm Around" performed by the company. As a special tribute to Dr. Martin Luther King, Jr., DDT will perform "We're On The Move," an excerpt from DDT's "Free At Last."



Special guests from the Jazz Music World include jazz vocalist *Dennis Roland* and Phoenix piano legend *Charles Lewis*. Rowland, a Detroit native and Phoenix resident was the voice of the world-renowned Count Basie Orchestra between 1977 and 1984, where he shared the stage with Ella Fitzgerald, Sarah Vaughan, Joe Williams and Tony Bennett. He is also featured on the Basie Band's Grammy award-winning record "On the Road."

Lewis was named the first jazz-category inductee to the Arizona Music & Entertainment Hall of Fame, and began performing on the piano at church functions when he was just seven years old. In 1953 he moved from Philadelphia to Tempe to attend Arizona State University, and started performing in 1954 at the 7th Avenue Elks Club jams. He played with several bands before forming the Charles Lewis Quintet.

"Sister Moses" is a DDT music/dance/drama production about a courageous woman's determination to free her people from slavery through the Underground Railroad. Harriet Tubman, an anti-slavery activist, was one of America's first liberated women of color, who fought against all odds for the sake of freedom and equality. The program follows Tubman's life as a young slave on a Southern Plantation, her attempts to escape slavery, her work on the Underground Railroad, and her contributions to the Abolitionist movement. Slave songs from that period are featured for their significance as a means of passing information among the slaves. Hidden in the lyrics were vital escape details. Renee Davis stars as Harriet Tubman, with dramatic narration / voice of Harriet by Renee Morgan Brooks. African drumming and music direction by Step Raptis, with accompaniment by the Sister Moses String Quartet and traditional spirituals sung by the Sister Moses Choral Ensemble featuring baritone soloist Greg Dansby.

This performance is made possible by support from the City of Chandler's Event Sponsorship Funding Program and other sponsors. *Tickets:* \$25 General, \$20 Seniors, \$15 Students, \$13 Groups of 10+, Friends & Members of DDT, ADC, APA, AzDEO. CCA Box Office: 480-782-2680.



1090 S Vulture Mine Rd, Wickenburg Box Office: 2001 W Wickenburg Way, Suite 3 928-684-6624, info@dewpac.org



Made in Wickenburg Artist Residency, Open Rehearsals, and Performances. Watch our website and e-blasts for more information.

Jessica Lang Dance returns to Wickenburg for their second residency January 14–26, 2017. Lang will begin to choreograph a new dance piece focusing on visual artist Georgia O'Keeffe. The year 2017 marks the 100th anniversary of O'Keeffe's first solo exhibition in New York City. As a female choreographer making her mark in the dance world, it is fitting for Lang to pay tribute to O'Keeffe as a female pioneer in the field of American modern art. The company will offer *FREE Open Rehearsals* on January 17 & 24 from 2 pm–4:30 pm; allowing the general public an intimate look at their creative process and to see this new work come to life. it will be held at Wickenburg Ranch cArt Barn, 3312 Maverick Drive, Wickenburg.

January 18, Wednesday, 6 pm, Encore Society Conversation with the Artist Jessica Lang



January 20, Friday, 7:30 pm. Jessica Lang Dance The Wanderer. Choreographer Jessica Lang is known for artfully crafted contemporary work that seamlessly incorporates striking design elements with classical ballet language. The dance company returns to perform an evening-length piece developed through the Made in Wickenburg artist residency program in 2014. In The Wanderer, nine dancers move nimbly through a pastoral landscape, spinning a tale of jealousy and obsessive desire that terminates darkly at a babbling brook. The narrative is set to a live musical performance of Franz Schubert's song cycle "Die Schöne Müllerin."

Tickets \$20, \$5 for 18 years and under.

ATTN ADC members: Del E Webb Center for the Performing Arts is sponsoring 20 seats for ADC members. Please respond to Krystyna@AzDanceCoalition.org to secure your seats.





BREAKING GROUND 2017

Ground Festival recognizes its role in supporting local contemporary dance artists. This year as part of the 10th anniversary celebration, the Festival will provide platforms to nurture and showcase the incredible breadth of local contemporary artists of Arizona. CONDER/dance has commissioned three Arizona choreographers to present new work at this year's Festival: Mary Fitzgerald, Jessica

Rajko and oneTON collective, who represent the wide range of styles and voices that are rooted and producing work here in Arizona. Two Arizona artists also were selected through the highly competitive application process to present on the MainStage: DATURA and Jenny Gerena. Two Arizona alumni artists are returning with new work to share: Aaron McGloin and Britta Joy Peterson.

Main Stage Performers

Charlotte Boye-Christensen | Li Chiao-Ping Dance | Carley Conder | DATURA Jenny Gerena and Jeremiah Jenkins | Aaron McGloin Dance | Joe Monteleone james morrow/THE MOVEMENT | Britta Joy Peterson with Juan "Coel" Rodriguez and Garrett Laroy Johnson | Re:borN Dance interactive (Boroka Nagy)

Breaking Ground 10th Anniversary Commissioned Artists

Mary Fitzgerald Dance Projects | OneTON Collective | Jessica Rajko

"tiny dances" return - short 5-minute pieces performed on 4 x 4 ft stages. Ten Arizona companies will perform the "tiny dances" in the lobby and on the True North patio of the Tempe Center for the Arts during intermission.

"tiny dances" ~ 10 Arizona artists: Charlotte Adams, Ashley Baker—All Bodies Dance
Collective, Laina Reese Carney, Shelly Hawkins, Liz Ann Hewett, Diane McNeal Hunt/ELEVATE
DanceWorks, Lai Yi Ohlsen, Nicole L Olson / Travis Richardson, Juan Rodriguez and
Anthony Kelly, and Amber Robins

January 27-28, Friday-Saturday, 7:30 pm. Tempe Center for the Arts, 700 W Rio Salado Pkwy, Tempe. Tickets: \$28 Adults/\$23 Students and Seniors at the door, \$25 Adults/\$18 Students and Seniors in advance (minimum 24 hours). *tca.ticketforce.com*, www.conderdance.com.

Sponsorship in part by the City of Tempe, with fiscal sponsorship by the Arizona Dance Coalition,
Friends of Tempe Center for the Arts and Arizona Commission on the Arts.





center for the performing arts
7380 E Second St, Scottsdale
scottsdaleperformingarts.org, 480-499-8587



Scottsdale Center for the Performing Arts Ticket Discounts

Free Tickets for Veterans, Students and Teachers: The Center provides free tickets to selected events for eligible veterans, students and teachers. A valid student ID, teacher ID or proof of military service is required. Tickets are limited and must be requested by phone or in person at the box office.

29 and Under Ticket Discounts: Arts lovers 29 years and under enjoy 50-percent off tickets to selected events. All ticket prices (A, B and C) are available for the 50-percent discount (one ticket per eligible youth). Tickets are limited and may be purchased online, by phone or in person using promo code 29UNDER.



January 26-27, Thursday 7:30 pm, Friday 8 pm. Affectionately known as "The Trocks," **Les Ballets Trockadero de Monte Carlo** has entertained audiences for more than 30 years and established itself as a major dance phenomenon throughout the world. Putting a new spin on the art of dance, the all-male company performs faithful renditions of the most celebrated works – from romantic ballets like Swan Lake to the modern masterpieces of Martha Graham – fabulously costumed and

delicately balanced en pointe. With grace, charm and pure comic genius, The Trocks playfully bring to life the heroic characters and plots of these great works. *Tickets* \$39-\$69.

February 17, Friday, 8 pm. Dedicated to the American voice in contemporary dance, Thodos Dance Chicago has performed with captivating style described as "breathtakingly athletic" and "powerfully beautiful." The ensemble of 12 versatile dancers has toured nationally and internationally, sharing its awardwinning repertory works and story ballets. Tickets \$39-59.





February 25-26, Friday 8 pm, Saturday 2 pm. 7 Fingers Cuisine & Confessions. Returning to Scottsdale by popular demand, 7 Fingers will present one of its latest tantalizing creations, Cuisine & Confessions. Set in an iconic kitchen, the performance brings together eye-popping acrobatic choreography and pulsating music while evoking the joy and powerful memories associated with cooking – the touch of hands in batter, the smell of cookies baking, the taste of roasted oregano – leading us through a span of times and countries. *Tickets* \$29-49.

March 16-17, Thursday 7:30 pm, Friday 8 pm. DIAVOLO Architecture in Motion® uses dance to explore the relationship between the human body and its architectural environment. Artistic Director Jacques Heim steers DIAVOLO's diverse team of dancers, designers, choreographers and engineers to create visceral and awe-inspiring works that reveal how we are affected emotionally, physically and socially by the spaces we inhabit. *Tickets* \$29-59.





April 13, 7:30 pm, and April 15, 8 pm.
Aspen Santa Fe Ballet, now two decades old, has fostered a jewel of a dance company in the American West featuring works by top global choreographers with distinctive groundbreaking repertoire and virtuoso dancers. The company's pioneering spirit arises from a dual set of home cities: Aspen, nestled in the Rocky Mountains, and Santa Fe,

gracing the southwestern plateau. A European sensibility glossed with American ebullience forges ASFB's aesthetic, as the company has come to epitomize the contemporary-classical genre. The company's program includes Silent Ghost (2015) by Alejandro Cerrudo, the resident choreographer of Hubbard Street Dance Chicago. *Tickets* \$39-69.



February 3, Friday, 6-9 pm. The MonOrchid, 214 E Roosevelt St, Phoenix. MAC & Company will create an experimental, audience-shaped dance and music performance exhibit as part of Phoenix First Fridays Art Walk. This event is FREE and open to the public, however, donations are accepted. Please stop in

during the exhibit hours to help shape the performance and experience dance based on improvisational techniques.



UA Presents / University of Arizona, Tucson http://uapresents.org, 520-621-3341 Box Office 1-800-840-9227 / Live Chat available



February 17, 8 pm. Centennial Hall, UofA Main Campus, 1020 E University Blvd, Tucson. Renowned for its thrilling performances, Dance Theatre of Harlem's repertoire ranges from treasured classics to neo-classical works and cutting edge contemporary work. The ensemble's 14 racially diverse artists bring new life to the art form of classical ballet by using its familiar language to celebrate African American culture. Now in its fourth decade, the company has grown into a multi-cultural dance institution



with an extraordinary legacy of providing opportunities for creative expression and artistic excellence that continues to set standards in the performing arts. Dance Theatre of Harlem has achieved unprecedented success, bringing innovative and bold new forms of artistic expression to audiences in New York City, across the country and around the world.

Tickets \$20-70.



March 31-April 2, Friday-Saturday 7:30 pm, Saturday-Sunday 1:30 pm. Stevie Eller Dance Theatre, UofA Main Campus, 1713 E University Blvd, Tucson. Steppin' Out Live with Ben Vereen has been dazzling audiences around the world! The show highlights this Tony Award-winning performer's unique artistry, combining a tribute to Broadway and Frank Sinatra. Featuring hit songs such as "Defying Gravity," "Stand By Me" and "My Way," you'll be on a contemporary yet timeless journey filled with song and dance, stories of his life, a great deal of humor and multiple standing ovations. Tickets \$15-60.





1200 S Forest Ave, Tempe Box Office: 480-965-3434 Campus Map | Contact



2017 Performances ~ Tuesday-Saturday 7:30 pm, Saturday 2 pm, Sunday 1 & 6:30 pm, unless stated otherwise. ASL Interpretation is available on Saturday Matinee by request. Request must be made at least two weeks out from the performance based on availability through the ASU Gammage Box Office at boxoffice@asugammage.com or 480-965-3434. All performances, dates, times and prices are subject to change without notice. Groups of 15 or more may reserve seats by calling (480-965-6678) or emailing groups@asugammage.com.



February 7-12 | MATILDA THE MUSICAL is the story of an extraordinary girl who, armed with a vivid imagination and a sharp mind, dares to take a stand and change her own destiny. Based on the beloved novel by Roald Dahl, MATILDA continues to thrill sold-out audiences of all ages on Broadway, in London's West End, and in Sydney, Australia. Winner of 50 international awards, including four Tony Awards®, and is TIME Magazine's #1 Show of the Year!

March 14-19 | FINDING NEVERLAND is

Broadway's biggest new hit and the winner of Broadway.com's Audience Choice Award for BEST MUSICAL! This breathtaking smash "captures the kid-at-heart" (Time Magazine). Directed by visionary Tony® winner Diane Paulus, FINDING NEVERLAND tells the incredible story behind one of the world's most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. With a little



bit of pixie dust and a lot of faith, Barrie leaves his old world behind for Neverland where nothing is impossible and the wonder of childhood lasts forever. The magic of Barrie's classic tale springs spectacularly to life in this heartwarming theatrical event. FINDING NEVERLAND is "far and away the best musical of the year!" (NPR).



April 1, Saturday, 7 pm | DEAREST HOME

(avant premiere). MacArthur "Genius" Fellowship awardee, choreographer and dance artist Kyle Abraham comes to ASU Gammage for the avant premiere of DEAREST HOME (working title), an interactive dance focused on Love and Loving. Abraham's beautiful, visceral, and unique signature choreography is alive and well in this moving and lush set of mostly solos and duets generated in conversation and collaboration with

people of many ages and subcultures. DEAREST HOME interweaves movement, in its most vulnerable or intimate state with an interest in cross-cultural conversation and community action to create an open dialogue on how different demographics view and converse on topics rooted in love and the absence of love.

REASON TO SEE IT: Kyle Abraham is simply one of the most compelling artists creating dance works today. His rare gift lies in the ability to be completely relevant, exciting and moving through the language of dance...a movement poet, a visceral social commentator...for any audience. He is changing the idea of what dance performance is and can be for people from all walks of life. EXCLUSIVE AFTER PARTY: Directly following the performance of DEAREST HOME, head across the street to the Graduate Tempe Hotel for an exclusive after party with world renowned dance company, Abraham.In.Motion. Take in the beautiful view from the Tapacubo rooftop, grab a drink at the cash bar, and enjoy free hors d'oeuvres. RSVP required.

April 18-23 | An American in Paris – A New Musical is the new Tony Award®-winning musical about an American soldier, a mysterious French girl, and an indomitable European city, each yearning for a new beginning in the aftermath of war. Acclaimed director/choreographer and 2015 Tony Award®-winner Christopher Wheeldon brings the magic and romance of Paris into perfect harmony with unforgettable songs from George and Ira Gershwin in



the show that earned more awards than any other musical in the 2015 season! Don't miss this stunning Broadway hit when it arrives in Tempe on its first national tour!

1

May 18-28 | THE BOOK OF MORMON returns by popular demand and is the nine-time Tony Award®-winning Best Musical. This outrageous musical comedy follows the misadventures of a mismatched pair of missionaries, sent halfway across the world to spread the Good Word. Now with standing room only productions in London, on Broadway, and across North America, THE BOOK OF MORMON has truly become an international sensation. Contains explicit language.





ARTS JOURNAL ~ Stories people talk about a link to global dance news stories http://www.artsjournal.com/category/dance

February ISSUE
SUBMISSION
DEADLINE
Arizona Dance e-Star
January 25

Send news to:

Krystyna@AzDanceCoalition.org

Attention Non-ADC Members

Your performances, workshops, and master classes are mentioned in the **Regional Section** of the **Arizona Dance e-Star**. We welcome your **announcements**: job postings, auditions, scholarships, awards & recognitions, new positions, reorganizations, and invitations to participate in FlashMobs & Festivals. Keep Arizonans informed!

Consider becoming an ADC member, being a part of a statewide dance community and enjoying the member benefits and discounts offered by our members and more than 20 Merchants throughout Arizona ~ graphic designers, photographers, dancewear stores, dance studios, printers, costume designers, venues, etc. Review the benefits towards the back of this magazine.

Master Classes / Workshops / Open Rehearsal

Observation / Open Rehearsal

January 17 & 24, Tuesdays, 2-4:30 pm.

Del E Webb Center for the Performing Arts, 1090 S Vulture Mine Rd, Wickenburg. www.dewpac.org, 928-684-6624. **Jessica Lang Dance** is offering *FREE Open Rehearsals* allowing the general public an intimate look at their creative process and to see a new work come to life.

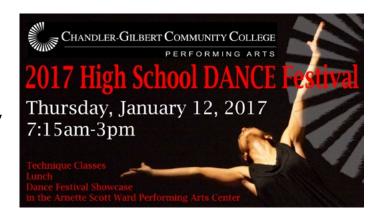




January 9-13, Monday-Friday. Edwin Olvera, Artist in Residence at Chandler-Gilbert Community College, is a former Pilobolus dance captain, and was UW-Milwaukee Peck School of the Arts 2015 Student Entrepreneur of the Year. At Pilobolus Olvera was an integral force in the choreographic & creation process over the course of 11 years. During this time, he was featured on countless television shows and commercial advertisements including Sesame Street, Born to Dance, and the NFL Channel. He has collaborated with international artists Inbal Pinto and Basil Twist and has been featured in articles by both Dance and Dancer Magazine. Under the guidance of Olympic choreographers Gavin Robins and Leigh-Anne Vizer, Edwin was a dance captain for a team of 150 performers within the 44th national Dubai Day celebration in 2015. In 2016 he was a movement artist for Britney Spear at the MTV VMA's in Madison Square Garden. For more info visit: www.edwinolvera.com

January 12, Thursday, 7:15 am - 3 pm.

Chandler-Gilbert Community College, 2626 E Pecos Rd, Chandler, is hosting the **2017 High School Dance Festival.** Classes will be offered in ballet, conditioning, hip hop, improvisation, jazz, jazz funk, contemporary jazz, lyrical, modern, musical theatre and tap! Festival will be held in the Arnette Scott Ward Performing Arts Center. At this time the event has reached its capacity and pre-registration is closed.



January 14, 1-3 pm. Dance Fusion, 7601 E Gray Rd, Suite B, Scottsdale. Dance Fusion presents "Step In Time" Workshop with Karen Burns. (Click on the title and it will take you to the video clip of the original dance.) This classic routine from Disney's Mary Poppins brought joy to millions and continues today. Share that special iconic moment from the big screen and dance Dee Dee Woods' choreography. This class is open to all levels. Open to adults and teens (12 and up). Dance Fusion Member price is for Dance Fusion non-member students and teachers as



well. Members \$10, non-members \$20. Karen trained in NYC with Gregory Hines, Ann Reinking and in LA with Dupree's, Joe Tremaine's and Studio F. A former Rockette, Karen's credits include A Chorus Line, the Movie; Musical Theater productions such as Chicago, Guys and Dolls, Paint Your Wagon, Pajama Game, etc. Her TV credits include The Young and the Restless, Santa Barbara, Thirty Something. Karen teaches Musical Theater around the Valley. To register, call 480-625-3900 or visit http://www.dancefusionaz.com/events



January 28, 12-4 pm. Dance Fusion presents Ballet Fete: Classes with the Masters. One exciting afternoon!!! Learn from Arizona's best ballet talent all under one roof! Join Natalia Magnicaballi (right), Paola Hartley (left), Daniel Baudendistel, Sergei Perkovskii, and Sheryl Cooper in this first Ballet Fete educational experience. One hour of Beginning and Intermediate level Ballet classes open to adults and teens 12 and up. Beginning and Intermediate levels will be taught by different instructors at the same time.

Registration 12-12:30 pm. Warm-up for all levels with *Paola*

Hartley.

Technique classes (beg and int) at 1 pm. Combination classes (beg and int) at 2 pm. Ballet Fusion Variation classes (beg and int) at 3 pm. (Fusion of styles in variations will be up to instructor creativity). Dance Fusion members/students/teachers: \$20/class, \$50 all; non-members: \$25/class, \$70/all. 480-625-3900. http://www.dancefusionaz.com/events

2017 7.1



18th Annual Arizona Young Artists' Competition presented by the Herberger Theater Center and ADC Member Center Dance Ensemble

Scholarship competition showcases acting, *dance* and vocal achievements of talented Arizonans ages 15-19. Finalists compete at the Herberger Theater on **March 11** for a chance to win \$1000 to further their education in the arts. For information, contact *Mary Robinson*, 602-254-7399 x104 or mrobinson@herbergertheater.org.

Arizona Broadway Theatre (ABT) is partnering with the **Herberger Theater** to sponsor an additional \$1,500 scholarship to be awarded to one finalist. The winner will be chosen by a panel of ABT judges and will be offered an opportunity to perform with the ABT professional cast in a Main Stage production.

EARLY BIRD REGISTRATION IS \$25 PER DISCIPLINE IF RECEIVED BY FEBRUARY 12, 2017 AND \$35 THEREAFTER THROUGH FEBRUARY 26, 2017.

The top four finalists in each category will be selected by a panel of qualified judges from the preliminary auditions held *March 6 (Dance)*, March 7 (Voice) and March 8 (Acting) to participate in the final competition on Saturday, March 11, 2017. To register online, visit here:

https://herbergertheater.ticketforce.com/eventperformances.asp?evt=567

https://www.herbergertheater.org/young-artist-competition/





ADC Member Announcements & Auditions



Tucson Tango Festival

Come party with us at the beautiful *Casino Del Sol* 4-star resort just south of Tucson.

Please note date change to March 2-5, 2017. https://tucsontangofestival.com/festival-registration/

NOMINATIONS: AzDEO's Kathy Lindholm Lane Teacher of the Year Award and the Bill Evans Excellence in Teaching Award!
Honor and celebrate the work you all do. Nominate a colleague

or yourself. Application information and how to apply are at www.azdeo.org, under Awards.

Deadline is January 30, 2017.

January 20, Friday, 9 am-3 pm.
Chandler Gilbert Community
College, Agave Bldg, 2626 E Pecos
Rd, Chandler. AzDEO's 13th Annual
Pink Tutu Flu ~Professional
Development Day. A great day
of sharing curriculum ideas and
methods from fellow educators
including information from the
NDEO annual conference last



October. K-12 teachers, college students, studio teachers, Post-Secondary teachers welcome. Continental Breakfast and lunch included. To register email Lynn Monson, Imonson@cox.net. Send registration fee to: AZDEO, PO Box 60152, Phoenix AZ 85082. AzDEO Members: Free, Non-Members: \$20. Certificate of hours awarded.



February 27, 2017, 8 am-4 pm. Westwood High School, 945 W Rio Salado Pkwy, Mesa. AzDEO's 32nd Annual High School Dance Festival. Fill out your purchase orders NOW!! Registration and class availability is on a first come, first served basis, so please register online and mail your registration fee ASAP. Once fees (check or P.O.) have been received, you will be officially registered for classes.

REGISTRATION FEES are per school!

Early (Payment Postmarked by 2/1/2017): \$175 for AzDEO/NDEO Members; \$250 for non-members

Regular February 2-10: \$225 for AzDEO/NDEO members; \$300 non-members Late Registration February 10-24: Same fee as regular but no option to perform or to purchase t-shirts.

ADJUDICATION: \$20 for AzDEO/NDEO members; 25 for non-members

VIDEO: \$20 for AzDEO/NDEO members and \$30 for non-members.

PAYMENT: All checks and Purchase Orders should be made out to AzDEO. Schools must be an institutional member to qualify for member registration cost.

MAIL PAYMENTS TO: Arizona Dance Education Organization, State Dance Festival, PO BOX 60152, Phoenix AZ 85082-0152



January 19, Thursday, 2:30-3:45 pm. Chandler-Gilbert Community College, AGA 1300, 2626 E Pecos Rd, Chandler. CGCC Hip Hop Coalition Auditions. Rehearsals are Tuesdays & Thursdays, 2:30-3:45 pm, starting in the Spring. Questions: cheri.mcdowell@cgc.edu or ricardo.maalouf@cgc.edu. Come prepared to move and present a 1 minute solo.

January 20, Friday, 2:30-3:45 pm. TranscenDANCE Company Audition.

Other Auditions for EXPLORATIONS: CGCC Faculty Dance Showcase will happen the week of January 30. More details coming soon at cgc.edu/dance.



ADC member Krystyna Parafinczuk teaches the basics of Ballroom, Swing, Tango, Salsa and many other Latin Dance styles at several Pima Community College Campuses. Only one credit, this makes learning to dance at PCC one of the most affordable ways to learn to dance. Recently, for those 55 years old and over, tuition is reduced by 50% making a 14-week, 2-hr dance class only \$1.40/hour! Connect with others through dancing. It's healing and fun! "Final" is a field trip to a local ballroom studio "party." www.pima.edu. Codes are in the image above. Questions, kparafinczuk@pima.edu or call 520-743-1349. Enroll now. Class cancellation date is January 23!



Chandler-Gilbert Community
College Dance Classes begin
Monday, January 23, 2017.
Come MOVE with us. Get

registered now. View classes *here*. Questions: Cheri. McDowell@cqc.edu.



Arizona Dance e-Star





School of Film, Dance and Theatre MFA in Dance

ASU's School of Film, Dance and Theatre offers an innovative MFA in Dance that inspires innovation and helps each dance artist develop his/her unique creative vision for the twenty-first century context. Our three-year, 60-credit degree program is flexible while offering a solid foundation in contemporary dance practice and theory, with specially designed modular courses in creative

practice, and movement practice that reflect our interdisciplinary and integrated approach.

The program welcomes a diversity of applicants, including candidates with undergraduate degrees in dance as well as other fields, and returning professionals from various backgrounds including, but not limited to: *contemporary modern dance and ballet, urban dance, nonwestern dance styles, and social dance/ballroom.* Applicants should have experience and/or interest in creative practice, dance science and somatics, dance and technology, educational, community and professional partnerships, innovation and entrepreneurship, and dance theory and ethnography.

The program also offers advanced study in the area of pedagogical theory and practice, with the opportunity to concurrently meet the requirements necessary for a Pre K-12 teaching certificate in dance. Also available is a groundbreaking concentration in Interdisciplinary Digital Media and Performance (IDMP) in collaboration with the School of Arts, Media + Engineering.

Check out our exciting work on *Facebook*. Here's a clip of our own *Sarah Saza (Dimmik) Kent* featured in *The Director's Spotlight*.

Deadline for MFA in Dance Application is January 15, 2017. Interview Date* Saturday, January 28, 2107, ASU, Tempe. *Skype interview may be possible if unable to make an inperson interview.

Dr. Naomi Jackson, Associate Professor, naomi.jackson@asu.edu ASU Herberger Institute of Design and the Arts School of Film, Dance and Theatre

ASU also has a new program ~ Graduate Certificate in Dance Teaching Artist Praxis.

Exit the program competent to lead the field in Pre K-12 dance education and curriculum development, and depart with the knowledge and skills to develop and lead university Pre K-12 teacher training programs, as well as teach dance pedagogy and curriculum development courses. ASU School of Film, Dance and Theatre is the first higher education institution to bring this comprehensive graduate training certificate model to the field.

19

GRAND CANYON UNIVERSITY DANCE NEWS



Invitationals

If you're part of an Arizona dance program based at a dance studio or high school, we would like to invite you to spend a day with GCU's Dance Department in the College of Fine Arts and Production! We are looking forward to hosting up to 30 of your high school students. Throughout the day, we will share our degree offerings in Dance and

Dance Education, and show you around life on campus. Students will take class with GCU Dance faculty, meet current dance majors, and take a campus tour. GCU will also provide lunch on campus. There are several Fridays to select from, but registration is first come-first serve: January 27, February 17, March 17, and March 31. Events are scheduled between 8 am – 2 pm. Once you register, we will contact you to confirm the date of your group's visit. Register at www.gcu.edu/danceinvitationals to reserve your spot right away!

Student Matinees

Impermanence Winter Dance Concert Student Matinees will take place Monday, December 12, and Tuesday, December 13, at 9:30 am at the Ethington Theatre! Tickets are free! To reserve seats for School Matinee Concerts, please call 602-639-8880 or email ethington@gcu.edu

https://www.gcu.edu/college-of-fine-arts-and-production/events-and-news.php

Auditions

2017 Audition Dates: February 11 & April 1, 2017

Please register online for GCU's College of Fine Arts and Production Auditions at: www.gcu.edu/auditions and follow the link to "audition requirements for Dance and Dance Education Majors." Students may complete the audition requirement digitally or in person, but live auditions are preferred. Students who complete an audition are eligible for a dance performance scholarship of up to \$4,000 per year. Requirements include a goal essay, a headshot, a dance resumé, and optional letters of recommendation. Prospective students should register for their preferred audition date or select the digital audition option by completing the registration form available at www.gcu.edu/auditions.

If you have any questions, please contact Susannah.Keita@gcu.edu or (602) 639-6295. You can also learn more about the College of Fine Arts and Production homepage: www.gcu.edu/finearts

NATIONAL ARTS NEWS

Reprinted from **National Endowment for the Arts** / December 8, 2016 https://www.arts.gov/news/2016/publication-nea-guide-community-engaged-research-arts-and-health Contact: Victoria Hutter, hutterv@arts.gov, 202-682-5692

Publication of NEA Guide to Community-Engaged Research in the Arts and Health Latest Resource from Federal Interagency Task Force on the Arts & Human Development

Washington, DC—In recognition of a growing movement to integrate the arts with health in community-based programs, the National Endowment for the Arts is publishing a free, online guide for researchers and practitioners. *The National Endowment for the Arts Guide to Community-Engaged Research in the Arts and Health* is a blueprint for collaboration among academic researchers, arts organizations, and artists aiming to study the arts' effects on health and extend this research to arts programs or therapies. The guide is the latest in a series of resources from the *Federal Interagency Task Force on the Arts & Human Development*.

"Arts practitioners and biomedical or behavioral health researchers have a lot to learn from one another," said NEA Office of Research & Analysis Director Sunil lyengar. "This guide can help them partner more effectively in documenting and studying the contributions of community-based arts programs to positive health outcomes."

A recent NEA report, *Creativity Connects: Trends and Conditions Affecting U.S. Artists,* found that "increasing numbers of artists are working as artists in other settings as more sectors are recognizing the value artists can add to their work." With arts-in-health projects gaining in number and sophistication, rigorous research is critical for better understanding and refining this work and assessing its impact.

In contrast to traditional academic research, which might occur in settings foreign to the populations being studied, community-engaged research involves community members in some or all phases of the project, from determining study goals to sharing findings. Arts programs can be particularly well-suited for this research approach because they often are deeply engrained in community solutions. Examples are arts programs in correctional facilities, after-school programs for youth at risk, community venues for older adults and

military veterans, and creative placemaking projects.

Another example is in preschool education. On December 6, 2016 the peer-review journal Child Development published an article titled, "Can the Arts Get Under the Skin? Arts and Cortisol for Economically Disadvantaged Children." In the article, Eleanor D. Brown, PhD, West Chester University, et al., report finding lower levels of the stress hormone cortisol in economically disadvantaged preschoolers after they participated in an intensive arts class (music, dance, or the visual arts), relative to cortisol levels after a homeroom class. The study was funded through a NEA Research: Art Works grant.

The NEA Guide to Community-Engaged Research in the Arts and Health charts ways to reconcile the different vocabularies used in the arts and in research. It identifies study goals and methods, and brings community members along as equal partners in a research project. The guide further outlines the benefits for arts professionals and researchers of collaborating with each other.

Arts professionals can help researchers by:

- Providing specialized skills and methods
- Identifying questions and issues of importance
- Assisting study participants recognize the social and emotional factors related to their health
- Ensuring smooth communication

Researchers can help arts professionals to:

- Understand the effectiveness of their program and offer improvements
- Replicate successful programs as health interventions
- Provide greater knowledge of health conditions and appropriate measurements
- Garner support from funders, policy-makers, and community members

The guide also includes information on the challenges of partnerships, on preparing and developing a research study, and on potential sources of funding. Along with the guide's release, the NEA is posting an *online directory of federal agencies and departments that have funding opportunities for research into the arts and health*.

The guide is another product of the Federal Interagency Task Force on the Arts and Human Development. Led by the NEA, task force members represent units of the federal government, such as the U.S. Department of Health and Human Services, the National Institutes of Health, the National Science Foundation, and the U.S. Department of Education, among others. The task force encourages more and better research on how the arts can help people reach their full potential at all stages of life and has produced the following resources.

- The Arts in Early Childhood: Social and Emotional Benefits of Arts Participation
- The Arts and Aging Building the Science
- The Arts and Human Development: Framing a National Research Agenda for the Arts, Lifelong Learning, and Individual Well-Being
- And a series of webinars

About the National Endowment for the Arts

Established by Congress in 1965, the NEA is the independent federal agency whose funding and support gives Americans the opportunity to participate in the arts, exercise their imaginations, and develop their creative capacities. Through partnerships with state arts agencies, local leaders, other federal agencies, and the philanthropic sector, the NEA supports arts learning, affirms and celebrates America's rich and diverse cultural heritage, and extends its work to promote equal access to the arts in every community across America. Visit arts.gov



Photo of the Month
Scottsdale Community College Instinct Dance Corps
Photo by Jenny Gerena, X&O Photography

Arizona Dance e-Star Editor/Designer/Writer: Krystyna Parafinczuk Contributors: Carley Conder, Taimy Miranda, and Lisa R Chow

Last of the Hollywood Royalty ...

We mourn the passing of Debbie Reynolds, singer, dancer, actress and Hollywood royalty, at age 84, the day after her daughter's death, Carrie Fisher, aka Princess Leia, on Wednesday, December 28, 2016. Reynolds



had a stroke while planning Carrie's funeral. She had a wonderful, life-long career that took off with *Singing in the Rain*. Her autobiography titled, *Debbie: My Life* (1988),

was updated in 2013 and retitled *Unsinkable: A Memoir*. Reynolds received the **Screen Actors Guild Life Achievement Award** in January 2015. "It's the end of the golden era for me," Reynolds told People in 2011. "I'm delighted I lived when I lived—and I'm still here. I've had a wonderful life."

One of the best ways to celebrate her life and talent is to view the clips below. The Johnny Carson clip is particularly appealing and speaks to the physical benefits of dancing!



Singing in the Rain / Good Morning (1952) https://youtu.be/GB2yiloEtXw



Bob Fosse, Debbie Reynolds, Bobby Van and Barbara Ruick Dance and Sing, *The Affairs of Dobie Gillis* (1953) https://youtu.be/6p5J5CmG-_M

I Love Melvin (1953) Where Did you Learn to Dance, with Donald O'Connor https://youtu.be/_bfZs1AGCRQ and the Football Dance (!!) https://youtu.be/o1EZofVNgYQ

Unsinkable Molly Brown (1964 / Oscar nomination) https://youtu.be/cbrTLb3-ztl

Jitterbugging with *Johnny Carson* (with some boogie-woogie and physical comedy) (late '60s/early'70s?) This was really fun to watch. She was in great shape and you can tell Johnny was suffering. https://youtu.be/JDVOF3uYhEU

Debbie Reynolds Best Moments in Movies and TV / New York Daily News

https://youtu.be/10R97L9ZuL4





MENTORSHIP PROGRAM OPPORTUNITY

guiDANCE is an inspiring mentorship program connecting young dance artists—junior and senior high school students—with working dance professionals. **guiDANCE** offers a unique opportunity for dance students considering a dance career to connect with a dance mentor. Students can ask one—on-one questions, experience a master class, attend a performance, and build a relationship in the dance community with the help of a mentor.



guiDANCE was created by *Mary Anne Fernandez Herding*, founding member and director of Movement Source Dance Company, Chair of dance at Xavier College Preparatory, and advocate for dance in Arizona. "Mentors have a powerful and transformative impact on the lives of our youth," Mary Anne states. "They help create connections through their professional experience and inspire students work hard and achieve success." Trust and encouragement are integral components of this program.

guiDANCE is supported in part by Arizona Dance Educators Organization and housed through Movement Source Dance Company, a 501(c)(3) arts organization celebrating its 29th season in Arizona.



Mentors and Students Served

2015 Jordan Kriston, Pilobolus, mentors Metro Arts student Callista Mincks, Phoenix 2016 Chad Michael Hall, MULTIPLEX, mentors Cesar Chavez student Giselle Aburto, Phoenix, 2016 Ana Maria Alvarez, Contra Tiempo, mentors TBA student from Xavier College Prep, Phoenix 2016 Kyle Abraham, Abraham.In.Motion, mentee TBA

Photos: top/Candy Jimenez, mentee Giselle Aburto, mentor Chad Michael hall, and Mary Anne Herding. Right/master class with Chad

Each semester students can apply to be partnered with a mentor by emailing Mary Anne, movementsource@gmail.com, or you can call 602-799-2390 for more information. *Scholarships are currently available*.



Regional News, Announcements & Events

Central Arizona ANNOUNCEMENTS & EVENTS

Chandlet ~ January 14, Saturday, 7 am – 5 pm. STARZ Universal Division Championship Cheer & Dance Competition at AZ Compass Prep School, 2020 N Arizona Ave, Chandler. Open to all schools (public, private, charter), competitive gyms and studios and individuals in grades K-12. The top 3 winners from each category will advance to the state competition in April. To register, 480-478-1378 ext 1. \$5, info@starzuniversal.com

Phoenix ~ TAP AUDITIONS January 7, Saturday. Bender Performing Arts, 3141 E Beardsley Rd, Phoenix. Tap 24.7 is holding auditions for their annual tap dance performance on May 28, this year titled Unlocking the TAPestry. There will be special guest choreographers. Ages 9-adult. Come and be part of an exciting journey where you will get to row as a tap dancer and artists alongside over 60 tap dancers from across the country! Auditions \$25. Email Suzy Guarino at TapZen24.7@gmail.com to reserve your spot. 1:30 pm ages 9-12, 2:30 pm ages 13 and up.

BALLET ARIZONA OFFERS FREE ADULT CLASSES January 9-13, 2835 E Washington St, Phoenix. Classes include three levels of ballet, Zumba, beginner ATS (American Tribal Style) belly dance, yoga, jazz, modern, ballroom and Horton Technique, a modern dance inspired by many cultures. After experiencing Ballet Arizona's free classes, the public will have the opportunity to sign up for single lessons, a six-month package of 10 classes, or unlimited classes for 30 days. No registration is required to attend free class week. Visit the website for a full list of free classes, dates and times. www.balletaz.org, 602-381-0184.

January 20, Friday, 6:30 pm. Phoenix Art Museum, 1625 N Central Ave, Phoenix. Ballet Arizona's largest fundraiser of the season, Dance With Me Gala, raises money for company's education and community outreach programs. \$500-\$5000. This year's event will be honoring long-time Ballet Arizona supporters, Carol & Randy Schilling. Their dedication and passion have deeply impacted the company and has propelled Ballet Arizona to where it is today, a nationally acclaimed ballet company. http://balletaz.org/events/gala-2017/gala-event/

February 9-12, Symphony Hall, Phoenix. **Ballet Arizona** with the Phoenix Symphony present Romeo & Juliet. A romance that's sure to set your heart astir, the most famous love story of all time is performed just in time for Valentine's Day. Set in 16th century Verona, Romeo & Juliet chronicles Shakespeare's tale of two passionate teenagers from great families on opposing sides of a bitter feud. With its sweepingly regal ballroom scenes, vivacious swordplay and poignant pas de deux, Ib Andersen's production is a feast for the eyes and ears. http://balletaz.org/performance/romeo-juliet-2017/

Dancing with the Stars Live! traveling show, which will include recent winner Laurie Hernandez, will be coming to Comerica Theatre, Phoenix, February 11, 2017, with performances at 4 and 8 pm. *Tickets* \$30-\$65.

Southern Arizona ANNOUNCEMENTS & EVENTS

Tucson ~ January 24-29, UA Centennial Hall, UofA Campus, Tucson. Dirty Dancing – The Classic Story on Stage is an unprecedented live experience, exploding with heart-pounding music, passionate romance and sensational dancing. Broadway in Tucson, Tickets \$19-90. http://www.ticketmaster.com/venueartist/204811/1518833

February 3-5, UA Stevie Eller Dance Theatre, Tucson. **Ballet Tucson** presents **Love Songs & Other Dances** in collaboration with the **Tucson Desert Song Festival**. Premieres include In The Mood and Love Songs. Romantic Duets included. http://ballettucson.org/performances-tickets/

February 15-19, UA Dance Ensemble and The Arizona Choir collaborate on Igor Stravinsky's ballet-cantata *Les Noces* -- centennial premiere in Arizona with the ballet. Included will be Christopher Wheeldon's The American, his 2001 ballet tribute to this country, and Recesses, a powerful female solo staged and formerly performed by Amy Ernst. This work marks the 100th anniversary of the birth of its choreographer and modern dance legend Bella Lewitzky. http://dance.arizona.edu/performances

"I see the dance being used as a means of communication between soul and soul — to express what is too deep, too fine for words."

—Ruth St. Denis

"Dance is the hidden language of the soul."

—Martha Graham

"I wish to live a life that causes my soul to dance inside my body."

—Dele Olanubi



Regional Dance America National Festival, May 2-6, 2017
Phoenix Convention Center & Theatre

RDA companies will be attending the RDA National Festival in Phoenix this coming May. Festival

Faculty will include master teachers from: Houston Ballet, Hubbard Street Dance Chicago, Miami City Ballet, SYTYCD, and American Ballet Theatre - to name a few. Directors from 76 regional companies were in Phoenix in October to plan this wonderful educational and performing festival that will be held at the Phoenix Convention Center!





Ballet Yuma (left) is the only Arizona company that belongs and they are part of the Pacific Chapter. *Kathleen Sinclair,* Ballet Yuma's artistic director, sits on the Executive Board of Directors for Regional Dance America/Pacific. She is the Chairman for the Pacific Region and sits on the National Board of Regional Dance America. Here are two links for the Pacific and Southwest regions. Arizona presides in the Pacific region.

http://www.regionaldanceamericapacific.org/ http://www.rda-southwest.org/

RDA is an association of ballet companies with memberships reaching across the country. Founded in 1988, it continues the work of the National Association for Regional Ballet which contributed to the decentralization of dance. As regional companies grew in stature and quality, the five regional organizations were established, the Mid-States, the Northeast, the Pacific, the Southeast, and the Southwest. Regional Dance America has and will continue to dedicate itself to fostering quality, promoting education and nurturing the talents of dancers and choreographers throughout the country while exploring new horizons.

SOCIAL DANCE NEWS

Flagstaff Collective meets every Sunday with a dance lesson from 7-8 pm, followed by open dancing until 10 pm. Tranzend Studio, 417 W Santa Fe Ave, Flagstaff. \$10/\$8 students. www.latindancecollective.com.

January 21, Saturday, 1:30-3 pm. FOXTROT WORKSHOP ~ The Peaks, 3150 N Winding Brook Rd, Flagstaff (off Ft Valley Rd/Hwy 180 just before the Museum of No. AZ) *Marie and Chad Burson*, certified ballroom instructors and professional competitors from Phoenix, teach a group workshop for all dance levels focused on improving your dance frame and form. \$8. Private lessons are available before the workshop. Call Bill Pranke at 928-814-0157 to schedule. If you attend the evening party, it will be \$5 for workshop attendees.

January 21, Saturday, 7-10 pm. Canyon Dance Academy, 2812 N Izabel St, Flagstaff (across from Coconino High School). 7 pm FOXTROT lesson with *Marie and Chad Burson*. 8-10 pm open dancing. \$8, \$7 USA Dance members, \$5 students.

Check out the calendar at www.flagstaffdance.com for all the dance events in Northern Arizona

Flagstaff Friends of Traditional Music Contra Dances occur on the first Saturday of each month at the Mountain Charter School located by Ponderosa Trails Park off Lake Mary Road, 311 W Cattle Drive Trail, Flagstaff. Newcomer's lesson at 7 pm, dance 7:30 -10:30 pm. Member donation \$9, non-member \$10. Inquire before attending in case there is a rare schedule change. flagstaffcontradances@gmail.com; http://ffotm.org/contra-dances/

Gilbert ~ Swingin' At The Roost, first Friday of every month dancers are invited for a FREE event at the Bold Roost Espresso Bar and Cafe, 1489 S Higley Rd, Ste 103, in Gilbert. Enjoy some great food and drinks, hear awesome music and dance! Beginner lesson around 7 pm with open dancing until 10 pm.

Phoenix Traditional Music and Dance promotes Community Contra Dances in downtown Phoenix twice a month. Contra is traditional American social dancing. All dances are taught and then prompted by an expert caller, and there is always a live band. All ages are welcome; no partner is required. Come early for a 30-minute introductory lesson. \$10 door, \$5 for those 25 and younger. Visit http://www.phxtmd.org/ or email webmaster@phxtmd.org or call 480-893-3328.

January 13-14, Friday-Saturday, Winter Frolic. Mesa Center, 247 N MacDonald, Mesa. January 27, 7:30 pm, at the Irish Cultural Center, 1106 N. Central Ave, Phoenix, featuring ClusterFolk, caller Tavi Merril.

February 11, Saturday, 7:30 pm. Kenilworth School, 1210 N. 5th Ave, downtown Phoenix. Live music by Cat Mountain Rounders, Kathy Anderson caller.

SOCIAL DANCE NEWS

Mesa ~ **Saturdays, 7-11 pm.** The Kats Corner (entrance in the back), 446 E Broadway Rd, Mesa. **The Kats Korner Swing Dance** with a beginner's East Coast Swing lesson at 7:15 pm. \$8, \$6 with student ID). www.thekatskorner.com

Tucson ~ Latin Dance Revolution presents "Sexy Salsa Saturdays," Latin dancing every Saturday at Five Palms Restaurant, 3500 E Sunrise Dr, Tucson. Dance from 9 pm until 1 am to the best Salsa, Mambo, Timba, Bachata, Merengue, Cumbia, Cha Cha, Kizomba and more. With a FREE Salsa/Bachata DANCE LESSON from 9-10 pm. We play your requests. Dinner served until 11 pm in three different restaurants (in one location). Drink Specials. All ages welcome, Singles and Couples. \$7 cover. For further information:

https://www.LatinDanceRevolution.com, MSM@LatinDanceRevolution.com, 520-444-0439.

Casino, Rueda de Casino, Kizomba, Bachata, and Salsa classes and socials are held on Friday nights at the Tucson Creative Dance Center, 3131 N Cherry Ave, Tucson. Most events are posted on these Facebook pages:

https://www.facebook.com/groups/tucsonsalsa/https://www.facebook.com/TucSonCasineros/



TUCSON CONTRA DANCE on Saturdays

For young, old, beginners and experienced dancers. Live music and lively fun! Introductory lesson at 6:30 pm, music begins at 7 pm. \$10 general admission, \$5 for 25 years and under, \$5 gets you a membership button (show your button and get \$1 off general admission). Cash or check at the door. You do not have to pay for parking in the

church parking lot; ignore the signs about paying. Hosted by Tucson Friends of Traditional Music. www.tftm.org, website@tftm.org, 520-767-6707.

January 21, 6:30-10 pm. First United Methodist Church, 915 E 4th St, Tucson. Nationally acclaimed Prairie Home Companion guests *Run Boy Run*. They are performing concerts across the country and we are fortunate to have the in Tucson to kick off our 2017 season with our own master caller *Claire Zucker*. Don't miss this one!



Antonio Medina, Cidade Productions, is now working on the upcoming Arizona DANCE Addiction event to be held June 15-19, 2017. NEW LOCATION: The Wigwam, 300 Wigwam Blvd, Litchfield Park, Arizona.



NORTHERN Arizona

FlagstaffDance.com

for the most up-to-date schedule

Wednesdays, The Peaks ~ Alpine Room, 3150 N Winding Brook Rd, Flagstaff (on Hwy 180, North Fort Valley Rd). Group Dance Lessons FREE. Gary Millam 928-853-6284 or Bill Pranke 928-814-0157.

1st & 3rd Thursdays, Museum Club, 3404 E Route 66, Flagstaff. 6-7 pm line dance lesson; 7-8 pm Nightclub 2-Step; open dancing. \$3 non-members/ \$4 for both classes

Saturdays, Galaxy Diner, W Route 66, Flagstaff. Swing lesson & dancing with Tom Scheel 7:30-9 pm.

Sundays, Canyon Dance Academy, 2812 N Izabel St, Flagstaff (across from Coconino HS) 5-7 pm ballroom technique practice, open dancing with instructor *Paul Jack*. \$8, \$7 USA Dance Members, \$5 students. 928-213-0239

Fri/Sundays, Tranzend Studio, 417 W Santa Fe Ave, Flagstaff. Flagstaff Latin Dance Collective 7-10 pm, \$5-8, Kati Pantsosnik, 928-814-2650, latindancecollective@gmail.com; Fridays \$3-5, 7:30-10 pm. Salsa Rueda & Latin, Paul & Nadine Geissler, nadinegeissler@hotmail.com

ADULT CENTER OF PRESCOTT, 1280 E Rosser St, Prescott. 928-778-3000. adultcenter.org. Tuesdays, Country & Contemporary Line Dance Classes, \$5 / No charge Silver Sneakers 5:30 pm Beginners; 6:30 pm Intermediate Fridays, Dance lessons with Andy Smith and Marilyn Schey, Rumba, 6-6:45 pm beginners; 6:45-7:30 Beyond Beginners. \$6 one or both lessons. 7:30-10 pm Open Dance \$5.

The COTTONWOOD CIVIC CENTER, 805 Main St, Old Town Cottonwood. AZ We Dance - Contra Dance. 6:30 pre-dance lesson, 7-10 pm dancing. \$7, \$5 students \$4 16 yrs and under. 928-634-0486, azwedance@gmail.com.

CENTRAL Arizona

The **Arizona Lindy Hop Society**

has an extensive calendar.

AZSalsa.net covers Phoenix, Scottsdale & Tempe

Sock Hop at 5 & Diner

First Friday, 220 N 16th St, Phoenix.
Third Friday, 9069 E Indian Bend Rd,
Scottsdale. 7 pm FREE Swing dance lesson;
6-9 pm Live Rockabilly/Swing music, wood
dance floor, diner food and vintage cars.
Come in a car older than 1972 and eat for
50% off!

SOCIAL DANCE ** verify schedules in advance **

SOUTHERN Arizona

TucsonDanceCalendar.com

for the most up-to-date schedule

2nd & 4th Sundays, 5-9 pm *Tucson Sunday Salsa Social* hosted by Gerardo &
Lupita Armendariz. Beg/Int/Adv lesson/
open. \$7, \$10/live band. Shall We Dance,
4101 E Grant Rd, Tucson. tucsonsalsa.com

2nd Friday ~ Tucson Stomps! 7 pm lesson; 7:30-10 pm open dancing. 1st United Methodist Church, 915 E 4th St, Tucson. \$5

Thursdays ~ **Tucson Swing Dance Club** Shall We Dance, 4101 E Grant Rd, Tucson. 7-7:45 pm West Coast Swing beginner lesson; 8-8:30 pm intermediate. Open dancing until 10:30 pm. No partner needed. http://tsdc.net/

Saturdays ~ Armory Park Recreation Center, 22 S 5th St, Tucson

3rd Saturday <u>USA Dance So Arizona Chapter</u> presents their Dance, 7-10:30 pm.

4th Saturday *TucsonLindyHop.org* Live music for Lindy Hop & Swing dancers. 7-8 pm beginners lesson, 8-11 pm open dance. \$10 with discounts for students.



Tucson Tango Festival March 2-5, 2017 Casino del Sol, Tucson

ATTENTION "SOCIAL DANCE" COMMUNITIES THROUGHOUT ARIZONA

If you host a "community" event (not private studio), you are welcome to submit your information to: Krystyna@AzDanceCoalition.org by the 25th of each month.

BINATA

BIZ Talk is a new section where YOU can have something to say - exactly the way you want to say it. *But it will cost you*. If you are interested, please email Krystyna@AzDanceCoalition.org or call 520-743-1349 for rates and sizes.

ADC members receive discounted rates.





JOB POSTINGS

Arizona Commission on the Arts jobs page: http://www.azarts.gov/news-resources/jobs/

Americans for the Arts JOB BANK http://jobbank.artsusa.org/

Cottonwood: **Heart Music & Dance.** Adv Ballet & Jazz instructor with 10 years exp. PT

Phoenix: **Bricks Studio**, Teacher for morning program / ages 6 mos-18 mos, 3 yr olds.

Peoria: Elite Dance Academy is hiring a ballet instructor experienced in Vaganova classical ballet technique. Please email Gia a headshot, resume and video of choreography. Position begins January 2017. info@elitedanceacademy-az.com.

Queen Creek: **Spark Dance Academy**, \$25-30/hr. Hip Hop Instructor

Scottsdale: Director of Performing Arts/
SCPA. Looking for dynamic, experienced, and entrepreneurial performing arts professional to lead its division of Performing Arts.

Member & Patron Svcs Rep. Perf arts exp.

Surprise: **Spotlight Entertainment.** Dance Instructor/competition teams - ballet, jazz, contemporary and hip hop. PT/3 yrs teaching experience.

Tucson: **UA School of Dance** Assc Prof/Prof. FT Fall 2017. Modern / MFA or equivalent professional credentials.

Tucson: **Heart and Soul Dance Project,** PT Ballet Instructor, \$15/hr

Tucson: **Arts for All**, dance instructor working with students with disabilities.

RELAXATION & HEALING TIP FOR THE NEW YEAR

by Krystyna Parafinczuk

The new year is going to require us to have more tools and strategies for coping with stress, for healing an assortment of conditions (physical, mental, and emotional), and for relaxation. As the idea for SALT THERAPY came to me (I regularly take Epsom Salt baths), research these past two days has revealed that I may be able to cure my cough (bronchitis



residual) that has been plaguing me since August! Exorcism!!! I am definitely going to pursue some of the therapies you are about to read. Thinking positive thoughts....

SALT THERAPIES ... for aches and pains, stress relief, respiratory ailments, skin conditions, and more



Since I regularly take Epsom Salt baths for my aching body (and I even don't dance that much anymore!), I thought I'd research and explore the various Salt Therapies available for us in Arizona. At the St. Phillip's Plaza (Tucson) Farmer's Market (Sundays), I met a lady selling bath salts and seasoning salts from Cloud Nine Flotation, www.FloatTucson.com. I had heard several years ago that Phoenix had a "salt" room for healing, but didn't pursue

it. Now I learned that Tucson has a salt "flotation" tub! Let me share with you what I have learned.

What is EPSOM salt? (https://www.seasalt.com/salt-101/epsom-salt-uses-benefits/)
Epsom salt, named for a bitter saline spring at Epsom in Surrey,
England, is not actually salt but a naturally occurring pure mineral
compound of magnesium and sulfate. Long known as a natural remedy
for a number of ailments, Epsom salt has numerous health benefits as
well as many beauty, household, and gardening-related uses.

Studies have shown that magnesium and sulfate are both readily absorbed through the skin, making Epsom salt baths an easy and ideal way to enjoy the associated health benefits. *Magnesium* plays a number of roles in the body including *regulating the activity of over 325* enzymes, reducing inflammation, helping muscle and nerve function, and helping to prevent artery hardening. Sulfates help improve the absorption of nutrients, flush toxins, and help ease migraine headaches.



As dancers, many of us may already be familiar with Epsom Salt baths. But that ½ cup or 1 cup in the tub may not be enough. Plus, is the proportion of salt to water a factor? How much water does your tub hold? Is there a formula? These are some of the questions I had, and the answers follow.

Photo: I purchase Dr Teal's Epsom Salt at Costco, \$7.99 for two 6-lb bags.

For a "detoxifying bath," it is recommended you take a bath weekly adding two cups of Epsom salt. Soak for at least 10 minutes. For "stress relief," take a bath three times a week with the same addition of 2 cups of Epsom salt. Soak for 12 minutes (that extra two minutes will make a difference). (?) You can add ½ cup of olive oil or baby oil for moisturizing, BUT BE VERY CAREFUL because your tub will be very slippery. I would recommend rubbing ORGANIC COCONUT OIL into skin after the bath. That's what I do. If you are sore, move your joints as much as possible after the bath to stimulate circulation. Otherwise, relax!

Here's a list of some of the **benefits** attributed to Epsom salt:

- Eases stress and relaxes the body
- Relieves pain and muscle cramps
- Helps muscles and nerves function properly
- Helps prevent hardening of arteries and blood clots
- Makes insulin more effective
- Relieves constipation (taken internally)
- Eliminates toxins from the body (sulfates flush out toxins and heavy metals from the cells)

There are beauty, household, and gardening uses for Epsom salt, and you can read about them here: https://www.seasalt.com/salt-101/epsom-salt-uses-benefits/

DEAD SEA SALT ~ What's different?

Dead Sea salt *contains 27% of various salts* as compared to 3% of normal sea water. The amount of salt is less than in regular sea water (80%), and it *has a balance of magnesium, potassium, calcium chloride and bromides*.

The following **benefits** of **Dead Sea salt** are taken from:

https://www.seasalt.com/salt-101/dead-sea-salt-benefits

Magnesium is important for combating stress and fluid retention, slowing skin aging, and calming the nervous system. Calcium is effective at preventing water retention, increasing circulation, and strengthening bones and nails. Potassium energizes the body, helps to balance skin moisture, and is a crucial mineral to replenish following intense exercise. Bromides act to ease muscle stiffness and relax muscles. Sodium is important for the lymphatic fluid balance (this in turn is important for immune system function). So we can see that bathing in high-quality sea salt could replenish the minerals that are critical to our skin metabolism.

Studies have been conducted on the health benefits of bathing in Dead Sea salts. One such study was conducted by Dr. I. Machtey¹ on 103 patients suffering from osteoarthritis and tendonitis. Patients were either treated with baths of 7.5%, 2%, or 0.5% Dead Sea salt concentration. Improvement was found after as little as one week of treatment for those treated with 7.5% or 2% salt baths. By the study's end, 80% of the patients reported less pain, 70% experienced improved mobility, and 60% were able to decrease their use of analgesics. Dr. J. Arndt² studied the effect of Dead Sea salt baths on psoriasis. Fifty patients were treated for 3–4 weeks, taking 3–4 baths each week. In as little as one week, many patients treated with a 10% salt concentration in their baths experienced marked improvement. This improvement included relief from itching, sleep disturbances, and skin scaling. Treatment with Dead Sea salts is not associated with any side effects.

– by Amy K. McNulty, Ph.D.

- 1. Machtey, Dr. I. 1982, "Dead Sea Balneotherapy in Osteoarthritis," Proc. International Seminar on Treatment of Rheumatic Diseases.
- 2. Arndt, Dr. J. 1982, "Salt from the Promised Land Helps Psoriasis Patients," Arztliche Praxis, 34(48).

10 Compelling Reasons to have a "Himalayan Pink Salt" Bath TODAY

http://www.naturallivingideas.com/himalayan-pink-salt-bath/

Excerpts: Himalayan Pink Salt (known as "pink gold") – contains all of the 84 elements found in your body) is rich in minerals important for our health: calcium, copper, iodine, iron, magnesium, manganese, phosphorus, potassium, selenium, sodium and zinc.



FORMULA: According to Dr. Mercola 'the salt concentration has to be at least the same as the one of your body fluids (approximately 1%) to activate the osmotic exchange ratio. This equates is 1.28 ounces of salt per gallon of water. Do you know how many gallons of water your tub holds? If not, consider using a 1 or 3 gallon water jug to fill your tub and count the gallons! When taking a saltwater bath, aim to get the temperature as close to body temperature as you can. That's approximately 37° Celsius or 97° Fahrenheit. 20-30 minutes is all you need (I read a book in the tub). Towel dry – no need to rinse off.

Essential Oils add additional benefit. If you'd like to add a few drops of oil to your Himalayan pink salt bath – or to your essential oil diffuser, choose your oil based on what you're trying to achieve. The below list is a good guide to get you started:

Relaxation & Stress Relief – lavender, angelica, jasmine or any of these antianxiety oils

Soothe Aches & Pains – peppermint, rosemary, thyme, clove

Sleep Aid – lavender, chamomile, cedar wood or any of these oils for sleep

Skin Health – tea tree, geranium, rose

Circulation – lemon, orange, grapefruit

Respiratory Relief – eucalyptus, thyme, rosemary

[Be careful with the dosage. Essential oils are powerful. One drop of two may be all you need.]

Dr Teals

During your bath sip some water for added hydration, or chamomile tea for relaxation.

WHICH SALT?

http://www.livestrong.com/article/444622-can-you-absorb-magnesium-from-epsom-salt/

- Dead Sea softening & soothing dry, itchy skin, detox, arthritis, rheumatism, fibromyalgia and psoriasis (contains high levels of calcium chloride, sodium, potassium, magnesium, and bromide)
- Himalayan smooth, radiant, healthy looking skin
- Epsom relax tired, aching muscles, osteoarthritis, rheumatoid arthritis, psoriatic arthritis, psoriasis, eczema, dandruff and warts (high levels of magnesium and sulfates)
- Dead Sea and Epsom skin and neuromuscular conditions

And finishing up this New Year's TIP, here's the link to an article by **SEDONA AROMATHERAPIE** on "which salt to use for what therapy." They even offer a class on how to make your own salt concoctions!

http://sedonaaromatherapie.com/blog/2013/10/28/different-types-of-salts-for-bath-and-body-products/

Make Your Own Bath and Body Salts and Scrubs

You can learn to make your own bath and body salts and scrubs by taking a home study course in the Sedona Aromatherapie Home Study Aromatherapy Course Program – such as the Basic Bath Products with Essential Oils Course.

Visit http://www.sedonaaromatherapie.com/mycourses.html to learn more!

If you live close or are visiting Sedona, here's an email for owner Sharon Falsetto: *Sharon@sedonaaromatherpie.com*.

Facebook (lots of recipes posted):

https://www.facebook.com/SedonaAromatherapy/

@SedonaAromatherapy

Located just west of intersection 89 and 179

Central AZ Sources

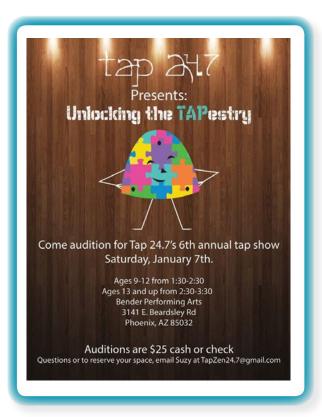
Salt Chalet Arizona ~ Arizona Dead Sea Salt Therapy, Healing Salt Therapy Rooms, Himalayan Salt Lamps & More! 5011 N Granite Reef Rd, Scottsdale. http://www.saltchaletaz.com/ **Himalayas Salt Lamps & More,** 240 W Main St, Mesa. http://www.himalayassaltlamps.com/about_us

A toast to 2017 – Wishing all of our readers a New Year where you are equipped with "bathing" recipes to relax, relieve aches and pain, replenish necessary minerals, and have glowing and silky smooth skin! And maybe you can create your own "recipes" and offer them at your studio, or the studio where you study! Creating these "products of relief" may just be the "therapy" you need! Krystyna

AUDITIONS

NATIONWIDE DANCE AUDITION LINKS

Dance.net ~ http://www.dance.net/danceauditions.html
DancePlug.com ~ http://www.danceplug.
com/insidertips/auditions
StageDoorAccess.com ~ http://www.
stagedooraccess.com/
DanceNYC ~ http://www.dancenyc.org/
resources/auditions.php
BackStageDance.com ~ http://www.
backstage.com/bso/dance/index.jsp
SeeDance.com ~ http://www.seedance.com

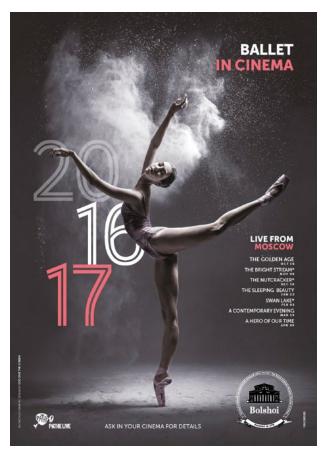


BOLSHOI BALLET IN CINEMA

http://www.bolshoiballetincinema.com/ (enter your location for your nearest theater location) The following theaters in Arizona will be showing Bolshoi Ballets on **Sundays**:

Mary D Fisher Theatre, Sedona
Yavapai College Performing Arts Center
Phoenix: Desert Ridge 18 with IMAX, Esplanade 14,
Phoenix Art Museum,
Cinemark 16 Mesa
Ahwatukee 24, Chandler
Arrowhead Town Center 14, Peoria
Cinemark Sierra Vista
Surprise Pointe 14 with IMAX
Tucson: Century Tucson, El Con 20 with XD, Park Place
20 with XD, Desert Sky Cinemas

January 22, The Sleeping Beauty
February 5, Swan Lake
March 19, A Contemporary Evening
April 9, A Hero of Our Time



New animated dance movie was released **December 19** in North America:



BALLERINA – a movie about a young girl who wants to dance at the Paris Opera. Here's the official trailer featuring Elle Fanning, Dane DeHaan, "Dance Mom's" Maddie Ziegler and Carly Rae Jepsen: https://youtu.be/fmK7X0swHrE

Australian Trailer (yes, it's different): https://youtu.be/a166o4om9OA



At your theaters now! Go see it!

LA LAND - Storyline: Mia, an aspiring actress (Emma Stone), serves lattes to movie stars in between auditions and Sebastian, a jazz musician (Ryan Gosling), scrapes by playing cocktail party gigs in dingy bars, but as success mounts they are faced with decisions that begin to fray the fragile fabric of their love affair, and the dreams they worked

so hard to maintain in each other threaten to rip them apart.

Mandy Moore is the choreographer, and when interviewed, said she wanted the characters to look "real" and she was successful. There is a great opening dance scene we would call a "production:" 30 dancers, 100 extras and at least 60 cars on an ramp connecting two major freeways in L.A. It was not an indication of what the rest of the movie would be like, but it was fun to watch from a choreographer's seat. Thank you City of L.A. for allowing the backup! Here's a link to Mandy's interview with Gia Kourlas of The New York Times (13 December 2016): Shall They Dance? Making 'La La Land' Move.

Mandy has choreographed for 47 episodes of Dancing with the Stars and 20 episodes of So You Think You Can Dance. She also recently choreographed the Disneyland 60th Anniversary TV Special as well as many other movies and TV series.

The Arizona Dance Coalition would like to thank Lions Gate promotions for giving us free tickets to the screening in Scottsdale and in Tucson. We loved it!

Arizona Dance Coalition Member Benefits & Perks

The ADC offers four types of memberships:

Individual \$20 • Organization \$50 Venue/Presenter \$100 • Sponsor \$100+

Membership and dues renew annually and ADC organizes an Annual Member Meeting in January to discuss the state of dance in Arizona featuring guest speakers. See the last page for details on joining. Membership entitles you to ~

- ADC Membership Directory ~ inclusion and online access, plus a PDF document with live links
- Posting events on the ADC website
 Calendar of Events* which are then
 prominently featured in the Arizona Dance
 e-Star* with a photo & live links
- Arizona Dance e-Star monthly e-newsletter received in advance of subscribers
- Member Spotlight opportunity in the e-Star
- Performance opportunity in the ADC
 Member Showcase (when production funds are available)

- Posting classes on the ADC website Class
 Page*
- Board Member Nominations (December)
 Annual Membership Meeting Voting
 Privileges (January)
- ADC Lifetime Achievement Award Nominations (March)
- Merchant Discounts and periodic member-to-member discounts
- Affordable Venue General Liability
 Insurance for 1-2 day performances. We have renewed our policy to continue this benefit for our members because we know the cost of insurance (\$400-\$500) would prohibit most individuals and small companies from producing in a professional theatre. Current fee is \$75/1 day; \$150/2 days.
- NEW ~ Discounted Arizona Dance e-Star Advertising Rates. Inquire for details.

"Join the community and feel welcome."

This is just one quote from many in this wonderful, must-see, video clip. It is the best promo I have ever seen to promote all dance styles. Thank you to Gerardo Armendariz for finding and posting it on facebook. It would be great to film something similar in Arizona as well as an "I Charleston" piece to show off our landscape. Watch "Why I dance" ... over and over and over ... and share it! (dick on the link below)

Why I dance... Pourquoi je danse...

This video was created to support the goals of Ontario Dances. Ontario Dances is a program of the Ontario Arts Council (OAC). In 2013, the Ontario Arts Council will celebrate 50 years of support to the hundreds of artists and arts organizations across the province. Among these are the dance organizations, dancers and choreographers who produce and create in Ontario. OAC support helps ensure that dance lovers throughout the province have access to their work.

^{*} All postings of events and classes are restricted to 501(c)(3) organizations with the exception of charitable and free events, community festivals, educational conferences and master classes.

Productivity TIP

by Krystyna Parafinczuk

Subscribe to email

Unsubscribe

JOIN ADC



Dance

Create Connections

Coalition

Become an Arizona Dance Coalition Member ~ online (PayPal) or snail mail / click on the icon to download application

Board Members are needed with expertise in organization & event planning, marketing/graphics, writing and computer/website maintenance. Help us grow and make a difference.

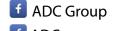
SPONSORS



Desert Dance Theatre

Tucson Jazz Music FDN





Arizona Dance Coalition, PO Box 64852, Phoenix AZ 85082-4852











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Krystyna@AzDanceCoalition.org, 520-743-1349, call first to send fax